

**ACADEMIC VITAE OF
Barbara J. Cordell**

Present Position: Nurse Consultant and Researcher: Auto-Brewery Syndrome
President, Auto-Brewery Syndrome Information and Research, Inc., a
501(c)3 entity

Certification: Advanced Holistic Nurse – Board Certified, 2004-2009; 2009-2014;
2014-2019; Retired status 2019 to present

RN License: 228646 – Texas

Website: www.autobrewery.info

Contact Information: autobrewery@gmail.com
C: (936) 554-7678

Educational Preparation: Doctor of Philosophy (Ph.D.); University of Utah - 1989 - Health
Sciences with a Major in Health Education/Counseling

Master of Science in Nursing (MSN); University of Texas at Houston -
1977; Cardiovascular Clinical Nurse Specialist

Bachelor of Science in Nursing (BSN); University of Texas at Galveston
(UTMB) - 1973

Academic and Professional Positions Held:

2010 to present	Nurse Consultant: Specialty Auto-Brewery Syndrome
1990-present	Holistic Nurse Consultant
2000-2017	Dean of Nursing and Health Sciences, Panola College
1977-1989	Coordinator for Education, InterWest RMEC, Veterans Administration Medical Center, SLC, UT; Chair of National HIV Education
1973-1977	Critical Care Nursing Positions in Texas and Utah

Grant Writing Experience Thirty-two funded grants totaling in excess of \$4 million

Publications: Cordell B., Kanodia A., and Miller G. (2021) Factors in an Auto-
Brewery Syndrome group compared to an American Gut Project
group: a case-control study. F1000Research.
<https://f1000research.com/articles/10-457>

Painter K. Cordell B. and Sticko K. (2022) Auto-Brewery Syndrome
(Gut Fermentation). *StatPearls* [Internet].
<https://www.ncbi.nlm.nih.gov/books/NBK513346/#!po=25.0000>

Cordell B. (2019) *My Gut Makes Alcohol! The Science and Stories of
Auto-Brewery Syndrome*. Publisher: Author.

Cordell B., Kanodia A., and Miller G. (2019) A case-controlled research study of Auto-Brewery Syndrome. *Global Advances in Health and Medicine*.

<https://journals.sagepub.com/doi/10.1177/2164956119837566>

Cordell B. and Kanodia A. (2015) Auto-brewery as an emerging syndrome: Three Representative Case Studies. *Journal of Clinical and Medical Case Reports*: 2(2):5 <https://doi.org/10.13188/2332-4120.1000013>

Cordell B. and McCarthy J. (2013) A case study of gut fermentation syndrome (auto-brewery) with *Saccharomyces cerevisiae* as the causative organism. *International Journal of Clinical Medicine* 4:7. Article ID:33912: http://file.scirp.org/Html/1-2100535_33912.htm

Chin K. and Cordell B. (2013) The effect of tea tree oil on wound healing using a dressing model. *Journal of Alternative and Complementary Medicine*: 19:12.

Cordell B. and Buckle J. (2013) The effects of aromatherapy on nicotine craving on a US campus: A small comparison study. *Journal of Alternative and Complementary Medicine*. Vol.19(0):1-5.

Rickerby K. and Cordell B. (2012) Application of the M technique to two severely disabled children in Belarus. *International Journal of Palliative Nursing*: 18(7):355-359.

Walker G. Klotz L., Martin P. Cordell B. et al (2011) Early Identification and retention of at-risk nursing students. *Journal of Professional Nursing*: 27 (March-April), e8-e13.

Cordell B. (2004) A spark for cultural competence in nursing. *Community College Journal*. Aug-Sept. 2004.

Cordell B. (2000) Cardiac case studies for interactive computer education. *Health Sciences Consortium*

Sixteen articles published prior to 2000.

Presentations on ABS

Institute for Functional Medicine Annual International Conference 2021: Auto-brewery syndrome: An Underdiagnosed Condition. Poster Presentation.

WSB-TV: Getting Drunk Without Alcohol.

[https://www.wsbtv.com/news/local/getting-drunk-without-alcohol-medical-condition-impacting-people-georgia/EP3LJTHVBFQPLLTVEITNI43Q/?_website=cmg-tv-10010:](https://www.wsbtv.com/news/local/getting-drunk-without-alcohol-medical-condition-impacting-people-georgia/EP3LJTHVBFQPLLTVEITNI43Q/?_website=cmg-tv-10010)

Retrieved: 2-18-2020

Medical Mystery: Nick Was Caught Drunk Driving but He Wasn't Drinking. The Dr. Oz Show aired December 20, 2019

Woman Claims Her Body Brews Alcohol: Has DUI Charge Dismissed. CNN: 1-1-2016. <https://www.cnn.com/2015/12/31/health/auto-brewery-syndrome-dui-womans-body-brews-own-alcohol/index.html>: Retrieved 1-1-2016

ABC 20/20. Auto-brewery syndrome: My Strange Affliction. <https://www.youtube.com/watch?v=0-hyPypkyWs>. Retrieved: 11-5-2018.

BBC. The Human Brewery: World's Weirdest Events Episode 3 Preview. <https://www.youtube.com/watch?v=-clVkJYFyuk>. Retrieved 11-5-18

National Public Radio. Auto-Brewery Syndrome: Apparently you can make beer in your gut. *The SALT*. <https://www.npr.org/sections/thesalt/2013/09/17/223345977/auto-brewery-syndrome-apparently-you-can-make-beer-in-your-gut>